



# ANCIENT GRAINS

*Making healthier happen*

HFI offers a full line of ancient grains - and their distinctive and flavorful taste.

Also called “heirloom grains,” ancient grains have remained unchanged by modern science and breeding technologies over time. This often makes them a richer source of nutrients than modern grains, and a healthy alternative to other whole grain counterparts such as wheat and corn. We can help you with product formulation, and customize processing to your specific application and labeling requirements.

## Products

**Amaranth**

**Buckwheat**

**Chia:** Black, White

**Millet**

**Quinoa:** Black, Red, White

**Sorghum**

**Spelt**

## Process Options

- Whole
- IntegriPure® Micro-reduced
- Blended
- Flaked
- Flour

## Label Options

- Gluten-free
- Identity Preserved
- Kosher
- Non-GMO
- Organic



Let's cultivate goodness, together.  
Call 844-275-3443 or visit [HFIfamily.com](https://www.HFIfamily.com)

